










# PMEX UPDATE

<b>SELL</b>	<b>BUY</b>	<b>SELL</b>	<b>N/A</b>																								
 <p><b>CRUDE10-JU26</b> 101.25 <span style="color: green;">0.23%</span> Expiry 27/May/26 Remaining 9 Days</p> <table border="1" style="width: 100%;"> <tr><td><b>Entry</b></td><td>101.8 - 101.27</td></tr> <tr><td><b>Stoploss</b></td><td>102.75</td></tr> <tr><td><b>Take Profit</b></td><td>100.52 - 99.58</td></tr> </table>	<b>Entry</b>	101.8 - 101.27	<b>Stoploss</b>	102.75	<b>Take Profit</b>	100.52 - 99.58	 <p><b>NGAS1K-JU26</b> 3.0690 <span style="color: green;">3.68%</span> Expiry 26/May/26 Remaining 8 Days</p> <table border="1" style="width: 100%;"> <tr><td><b>Entry</b></td><td>2.98 - 2.99</td></tr> <tr><td><b>Stoploss</b></td><td>2.96</td></tr> <tr><td><b>Take Profit</b></td><td>3.01 - 3.04</td></tr> </table>	<b>Entry</b>	2.98 - 2.99	<b>Stoploss</b>	2.96	<b>Take Profit</b>	3.01 - 3.04	 <p><b>GO10Z-JU26</b> 4,556.37 <span style="color: red;">-0.12%</span> Expiry 27/May/26 Remaining 9 Days</p> <table border="1" style="width: 100%;"> <tr><td><b>Entry</b></td><td>4590 - 4580</td></tr> <tr><td><b>Stoploss</b></td><td>4615.00</td></tr> <tr><td><b>Take Profit</b></td><td>4558 - 4525</td></tr> </table>	<b>Entry</b>	4590 - 4580	<b>Stoploss</b>	4615.00	<b>Take Profit</b>	4558 - 4525	 <p><b>SL10-MA26</b> 77.13 Expiry Remaining</p> <table border="1" style="width: 100%;"> <tr><td><b>Entry</b></td><td>---</td></tr> <tr><td><b>Stoploss</b></td><td>0.00</td></tr> <tr><td><b>Take Profit</b></td><td>---</td></tr> </table>	<b>Entry</b>	---	<b>Stoploss</b>	0.00	<b>Take Profit</b>	---
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 <p><b>PLATINUM5-JY26</b> 1,975.55 <span style="color: red;">-0.82%</span> Expiry 26/Jun/26 Remaining 39 Days</p> <table border="1" style="width: 100%;"> <tr><td><b>Entry</b></td><td>1968 - 1964</td></tr> <tr><td><b>Stoploss</b></td><td>1980.00</td></tr> <tr><td><b>Take Profit</b></td><td>1950 - 1940</td></tr> </table>	<b>Entry</b>	1968 - 1964	<b>Stoploss</b>	1980.00	<b>Take Profit</b>	1950 - 1940	 <p><b>COPPER-JY26</b> 6.2568 <span style="color: red;">-0.61%</span> Expiry 22/Jun/26 Remaining 35 Days</p> <table border="1" style="width: 100%;"> <tr><td><b>Entry</b></td><td>6.27 - 6.25</td></tr> <tr><td><b>Stoploss</b></td><td>6.31</td></tr> <tr><td><b>Take Profit</b></td><td>6.19 - 6.15</td></tr> </table>	<b>Entry</b>	6.27 - 6.25	<b>Stoploss</b>	6.31	<b>Take Profit</b>	6.19 - 6.15	 <p><b>ICOTTON-JY26</b> 81.38 <span style="color: green;">0.96%</span> Expiry 22/Jun/26 Remaining 35 Days</p> <table border="1" style="width: 100%;"> <tr><td><b>Entry</b></td><td>81.6 - 81.19</td></tr> <tr><td><b>Stoploss</b></td><td>82.31</td></tr> <tr><td><b>Take Profit</b></td><td>80.17 - 79.68</td></tr> </table>	<b>Entry</b>	81.6 - 81.19	<b>Stoploss</b>	82.31	<b>Take Profit</b>	80.17 - 79.68	 <p><b>DJ-JU26</b> 49,447 <span style="color: red;">-0.34%</span> Expiry 17/Jun/26 Remaining 30 Days</p> <table border="1" style="width: 100%;"> <tr><td><b>Entry</b></td><td>49629 - 49561</td></tr> <tr><td><b>Stoploss</b></td><td>49733.00</td></tr> <tr><td><b>Take Profit</b></td><td>49450 - 49305</td></tr> </table>	<b>Entry</b>	49629 - 49561	<b>Stoploss</b>	49733.00	<b>Take Profit</b>	49450 - 49305
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 <p><b>SP500-JU26</b> 7,419 <span style="color: red;">-0.17%</span> Expiry 17/Jun/26 Remaining 30 Days</p> <table border="1" style="width: 100%;"> <tr><td><b>Entry</b></td><td>7416 - 7424</td></tr> <tr><td><b>Stoploss</b></td><td>7400.00</td></tr> <tr><td><b>Take Profit</b></td><td>7445 - 7465</td></tr> </table>	<b>Entry</b>	7416 - 7424	<b>Stoploss</b>	7400.00	<b>Take Profit</b>	7445 - 7465	 <p><b>NSDQ100-JU26</b> 29,216 <span style="color: red;">-0.05%</span> Expiry 17/Jun/26 Remaining 30 Days</p> <table border="1" style="width: 100%;"> <tr><td><b>Entry</b></td><td>29255 - 29280</td></tr> <tr><td><b>Stoploss</b></td><td>29084.00</td></tr> <tr><td><b>Take Profit</b></td><td>29408 - 29561</td></tr> </table>	<b>Entry</b>	29255 - 29280	<b>Stoploss</b>	29084.00	<b>Take Profit</b>	29408 - 29561	 <p><b>GOLDUSDJPY-JU26</b> 158.82 <span style="color: green;">0.03%</span> Expiry 27/May/26 Remaining 9 Days</p> <table border="1" style="width: 100%;"> <tr><td><b>Entry</b></td><td>158.57 - 158.65</td></tr> <tr><td><b>Stoploss</b></td><td>158.07</td></tr> <tr><td><b>Take Profit</b></td><td>158.8 - 158.95</td></tr> </table>	<b>Entry</b>	158.57 - 158.65	<b>Stoploss</b>	158.07	<b>Take Profit</b>	158.8 - 158.95	 <p><b>GOLDEURUSD-JU26</b> 1.1644 <span style="color: green;">0.15%</span> Expiry 27/May/26 Remaining 9 Days</p> <table border="1" style="width: 100%;"> <tr><td><b>Entry</b></td><td>1.1667 - 1.1657</td></tr> <tr><td><b>Stoploss</b></td><td>1.168</td></tr> <tr><td><b>Take Profit</b></td><td>1.1641 - 1.1631</td></tr> </table>	<b>Entry</b>	1.1667 - 1.1657	<b>Stoploss</b>	1.168	<b>Take Profit</b>	1.1641 - 1.1631
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## Major Headlines

**Oil touches two-week high after drone attack on UAE nuclear power plant**

Oil prices extended gains on Monday, driven by increasingly bleak prospects for peace in the Middle East after an attack on a nuclear power plant in the United Arab Emirates. Brent crude futures were up 86 cents, or 0.79%, at \$110.12 a barrel by 1002 GMT after touching \$112 for their highest since May 5. U.S. West Texas Intermediate crude was up 89 cents, or 0.84%, at \$106.31 after touching its highest since April 30 at \$108.70. The front-month June contract expires on Tuesday. [see more...](#)

**Gold struggles to extend recovery from late-March low as Fed hike bets favor USD bulls**

Gold (XAU/USD) struggles to capitalize on a modest recovery from its lowest level since March 30, touched earlier this Monday, albeit it holds steady below the \$4,550 level through the first half of the European session. The US Dollar (USD) buying remains unabated in the wake of persistent geopolitical uncertainties. Furthermore, rising Crude Oil prices fuel inflationary concerns and bolster bets for a more hawkish US Federal Reserve (Fed), which lends additional support [see more...](#)

**US stock futures slip as yields, oil prices climb**

U.S. stock index futures edged lower on Monday as rising Treasury yields and oil prices weighed on equity markets, while investors awaited key earnings from Nvidia and Walmart later in the week. The benchmark 10-year Treasury yield, which moves inversely to prices, rose as high as 4.631% earlier in the day, its highest level since February 2025, before easing slightly to 4.597%. Brent crude futures traded at \$110.21 a barrel after efforts to end the Iran war appeared to stall following a drone strike on a nuclear power plant in the United Arab Emirates. [see more...](#)

**Japanese Yen weakens to over two-week low vs USD on Iran tensions; USD/JPY retakes 159.00**

The USD/JPY pair scales higher for the sixth consecutive day – also marking the seventh day of a positive move in the previous eight – and climbs to a two-and-a-half-week high during the Asian session on Monday. Spot prices now look to build on the momentum above the 159.00 mark and remain well supported by a broadly firmer US Dollar (USD). The USD Index (DXY) [see more...](#)

**Euro upside attempts remain limited amid cautious markets**

The Euro (EUR) is ticking higher against the US Dollar (USD) on Monday, but remains below previous lows, now turned into resistance in the 1.1650-1.1670 area, after bouncing from near 1.1600 earlier in the day. The pair is shrugging off the dismal market sentiment, although high Oil prices are likely to keep upside attempts in check. Comments by a spokesperson of the Iranian Foreign Ministry affirming that Washington and Tehran would be analyzing a recent peace proposal sent by Pakistani mediators, lifted market sentiment on Monday and hurt demand for the dollar. [see more...](#)

**Dollar Strengthens Amid Rising Geopolitical Risks**

The US dollar extended its gains on Friday, closing its strongest week in two months, as fresh Middle East tensions dashed hopes of a potential reopening of the Strait of Hormuz and sent oil prices rallying around 4%. Both the US dollar and oil entered the new week on the front foot. Rhetoric between US and Iranian officials suggested that huge differences remain despite several rounds of talks, peace proposals, and a ceasefire that still holds. [see more...](#)

## Economic Calendar

No economic calendar event scheduled

# FOREX MARKETS' STATISTICS

## Forex Market Hours

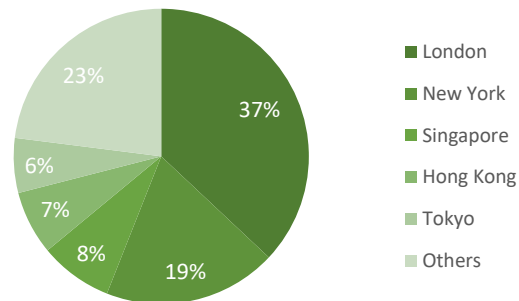


Note: This chart shows the normal forex trading times of all the major forex trading centers across the globe in Pakistan Standard Time.

### Forex Turnover by Counterparty



### Markets' Share in Total Forex Turnover



### Most Traded Currency Pairs



Sources: ACPL Research, Forexmarkethours, Dailyfx, Ig

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## DISCLOSURE

Following exchange rates are used to convert investment and profit values:

- USD/PKR: 280.10
- JPY/PKR: 1.97

To arrive at our Target Price, Abbasi & Company (Private) Limited uses following methods:

- Technical Analysis
- Fundamental Analysis

Furthermore, profit and returns are inclusive of all expenses including PMEX Fee, ACPL Fee & Sales Tax

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